

## **ORAL HEALTH RESOURCES**

BSG has revised the database of OH Resources with links to relevant websites. These include policies, reports, guidelines, teaching resources and other useful information relevant to the oral health of older people. Apart from the publications in Gerodontology, these resources will not come up in a Medline search.

The resource was developed to share information gathered by the OH Working Group with members, and it has open access to the public. Resources developed by BSG in collaboration with other professional societies are the first to be listed, and are endorsed by BSG.

Although we have taken all reasonable steps to provide access to adequate and reputable content, we cannot guarantee the accuracy, integrity and quality of every resource. We hope you will find it provides useful information, and in particular we recommend the sites on population predications developed by the Institute of Public Care at Oxford Brookes University: POPPI, PANSI AND DAFFODILCYMRU that are already listed under useful links.

The URLs have been checked as websites change and reformat information. If you find that any of the links are inaccessible or have changes, or want to give any feedback, please contact BSG.

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| <p>Looking after the mouth –<br/>A training guide for carers<br/>(Video)</p>  | <p>British Society of Gerodontology and British Society for Disability and Oral Health<br/><a href="http://www.gerodontology.com/content/themes/gerodontology/videos/Looking_After_The_Mouth_DVD.m4v">www.gerodontology.com/content/themes/gerodontology/videos/Looking_After_The_Mouth_DVD.m4v</a><br/>Can also be accessed on: <a href="http://www.1000livesplus.wales.nhs.uk/looking-after-the-mouth">www.1000livesplus.wales.nhs.uk/looking-after-the-mouth</a></p> |
| <p>Mouthcare for Older<br/>People - Easy read<br/>information leaflet</p>   | <p>British Society of Gerodontology<br/><a href="http://www.gerodontology.com/resources/downloads">www.gerodontology.com/resources/downloads</a><br/>Scroll down to Information Leaflets and Resources</p>  |
| <p>Guidelines for the Oral<br/>Healthcare of Stroke<br/>Survivors<br/>Comprehensive guidance<br/>for the oral health care of<br/>stroke survivors</p> | <p>British Society of Gerodontology 2010<br/>Easy link to all references cited in the Guidelines<br/><a href="http://www.gerodontology.com/resources/downloads">www.gerodontology.com/resources/downloads</a><br/>Scroll down to Guidelines</p>   |
| <p>Guidelines for the<br/>Development of Local<br/>Standards of Oral Health<br/>Care for People with<br/>Dementia</p>                                 | <p>British Society of Gerodontology 2006<br/>Gerodontology 2006. Volume 23 Supplement 1: 3 – 32.<br/>Free to download from BSG website<br/><a href="http://www.gerodontology.com/resources/downlaods">www.gerodontology.com/resources/downlaods</a><br/>Scroll down to Guidelines</p>   |
| <p>Meeting the Challenges of<br/>Oral Health for Older<br/>People – A Strategic<br/>Review</p>  | <p>Jointly written by British Society of Gerodontology and British Society for Disability &amp; Oral Health 2005<br/>Gerodontology 2005. Volume 22 Supplement 1: 3-48.</p>  |

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| POPPI: Projecting Older People Information Needs        | Institute of Public Care (IPC), Oxford Brookes University current<br><a href="http://www.poppi.org.uk">www.poppi.org.uk</a><br>Provides a wealth of current and protected data by age, gender, ethnicity, pension status, living status, support services and services provided for people aged 65 and over living in England. It also provides projections based on a range of impairments and disabilities, too many to list here.   |
| PANSI: Projecting Adult Needs and Service Information   | Institute of Public Care (IPC), Oxford Brookes University current<br><a href="http://www.pansi.org.uk">www.pansi.org.uk</a><br>Similar to POPPI but covering adults aged 18 to 64  |
| Population projections for Wales                        | Institute of Public Care (IPC), Oxford Brookes University for the Welsh Government current<br><a href="http://www.daffodilcymru.org.uk">www.daffodilcymru.org.uk</a><br>Information from research and population projections showing the potential need for care over the next 20 years for children, adults and older people in Wales   |
| 1000 Lives Plus – Programme area – Improving Mouth Care | Welsh Government – current<br><a href="http://www.1000livesplus.wales.nhs.uk/mouthcare">www.1000livesplus.wales.nhs.uk/mouthcare</a><br>Programme contains the following downloadable resources<br>Looking After the Mouth training video (BSG/ BSDH), Improving Mouth Care Ward Resource Instruction for Nursing Staff, Mouth Care Risk Assessment, Mouth Care Plan, Critical Mouth Care Plan, Daily Mouth Care monitoring forms – High and Low risk patients<br>Mouth Care Practice & Resources<br>For more information, contact Programme Manager |
| Mouth Care Matters Resources                            | NHS Health Education England<br><a href="http://www.mouthcarematters.hee.nhs.uk/?page_id=955">www.mouthcarematters.hee.nhs.uk/?page_id=955</a>   |
| Mouth Care Matters<br>How to clean a denture            | NHS Health Education England<br><a href="http://www.youtube.com/watch?v=3LA-u-VoueU&amp;feature=youtu.be">www.youtube.com/watch?v=3LA-u-VoueU&amp;feature=youtu.be</a>   |

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| Mouth Care Matters<br>How to provide care for patients with a dry mouth                  | NHS Health Education England<br><a href="http://www.youtube.com/watch?v=fJlkCRi9Nqs">www.youtube.com/watch?v=fJlkCRi9Nqs</a>   |
| Commissioning better oral health for older people  | Public Health England 2018<br><a href="http://www.gov.uk/government/publication/commissioning-better-oral-health-for-vulnerable-older-people">www.gov.uk/government/publication/commissioning-better-oral-health-for-vulnerable-older-people</a> |
| Denture Care Guidelines  | Oral Health Foundation 2018<br><a href="http://www.dentalhealth.org/denturecareguideleines">www.dentalhealth.org/denturecareguideleines</a>  |
| White Paper on Optimal Care and Maintenance of Full Dentures for Oral and General Health | Oral Health Foundation 2018<br><a href="http://www.dentalhealth.org/denturecareguideleines">www.dentalhealth.org/denturecareguideleines</a><br>Click on Denture Care Guidelines  |
| Denture Care Infographics  | Oral Health Foundation 2018<br><a href="http://www.dentalhealth.org/denturecareguideleines">www.dentalhealth.org/denturecareguideleines</a><br>Click on Denture Care Infographics  |
| Keep Smiling – Mouth & Teeth Care for Older People                                       | Relatives & Residents Association 2018<br><a href="http://www.relres.org/wp-content/uploads/Keep-Smiling.pdf">www.relres.org/wp-content/uploads/Keep-Smiling.pdf</a>   |
| Dementia Friendly Dentistry  | Faculty of General Dental Practitioners 2017<br><a href="http://www.fgdp.org.uk/guidance-standards/dementia-friendly-dentistry">www.fgdp.org.uk/guidance-standards/dementia-friendly-dentistry</a><br>Free to download for members of FGDP       |
| Oral Health in Care Homes – Quality Standards (QS151)                                    | National institute of Health and Clinical Excellence 2017<br><a href="http://www.nice.org.uk/guidance/qs151">www.nice.org.uk/guidance/qs151</a>  |

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| Delivering Better Oral Health<br>Updated March 2017                   | Department of Health 2017<br>Google the title   |
| Mouth Care Matters<br>A guide for hospital healthcare professionals   | NHS Health Education England 2016<br><a href="http://www.mouthcarematters.hee.nhs.uk/wp-content/uploads/2016/10/MCM-GUIDES-2016_100pp_OCT-16_V121.pdf">www.mouthcarematters.hee.nhs.uk/wp-content/uploads/2016/10/MCM-GUIDES-2016_100pp_OCT-16_V121.pdf</a>   |
| Dental Care and Oral Health   | Alzheimer's Disease Society 2015<br>Developed in association with BSG Information for people with dementia and their carers<br><a href="http://www.alzheimers.org/sites/default/files/migrate/downloads/dental_care_and_oral_health.pdf">www.alzheimers.org/sites/default/files/migrate/downloads/dental_care_and_oral_health.pdf</a> |
| Improving Oral Health for Older People in Care Homes in Wales         | Welsh Government 2015<br><a href="http://www.wales.nhs.uk/improvingoralhealthforolderpeoplelivingincarehomesinwales">www.wales.nhs.uk/improvingoralhealthforolderpeoplelivingincarehomesinwales</a><br>More information in Welsh Health Circular (WHC) 2015/1 accessed on the above website   |
| Health and Care Standards Framework for Health & Social Care in Wales | Welsh Government 2015<br><a href="http://www.wales.nhs.uk/governance-emanual/health-and-social-care-standards">www.wales.nhs.uk/governance-emanual/health-and-social-care-standards</a><br>Under Undignified Care, includes importance of oral health   |
| Oral Mucositis Guidelines   | UK Oral Care in Mucositis 2015<br><a href="http://www.ukcomic.co.uk">www.ukcomic.co.uk</a>  |
| Dysphagia and Oral Health   | All Wales Special Interest Group for Special Oral Health Care 2014<br><a href="http://www.sigwales.org/wp-content/uploads/sig-dysphagia-guidelines1.pdf">www.sigwales.org/wp-content/uploads/sig-dysphagia-guidelines1.pdf</a>  |

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| Dental and Oral Health in Parkinson's Disease  | Parkinson's UK Revised 2014<br><a href="https://www.parkinsons.org.uk/information-and-support/dental-health">https://www.parkinsons.org.uk/information-and-support/dental-health</a>  |
| Nutrition in Community Settings  | Welsh Government 2013<br><a href="http://www.gov.wales/docs/dhss/publications/130704nutritionen.pdf">www.gov.wales/docs/dhss/publications/130704nutritionen.pdf</a><br>Refers to Oral Health Risk Assessment and Guidelines for Oral Care   |
| Guidelines for the delivery of a Domiciliary Oral Health Care Service  | All Wales Special Interest Group for Special Oral Health Care 2012<br><a href="http://www.sigwales.org">www.sigwales.org</a><br>Published in Journal of Disability and Oral Health 2006: 7: 166 – 172.<br>Available on website with permission of JDOH Editor and publisher, Stephen Hancocks Ltd |
| Clinical Guidelines & Integrated Care Pathways for the Oral Health Care of People with Learning Disabilities                         | British Society for Disability and Oral Health Reviewed & updated 2012<br><a href="http://www.bsdl.org">www.bsdl.org</a> – click on Guidelines  |
| The Oral Management of Oncology Patients receiving Radiotherapy, Chemotherapy and / or Bone Marrow Transplants – Clinical Guidelines | British Society for Disability and Oral Health & Royal College of Surgeons (1999) Revised 2012<br><a href="http://www.bsdl.org">www.bsdl.org</a> – click on Guidelines  |
| Dentistry in care homes research - UK  | British Dental Association 2012<br><a href="http://www.bda.org/dentists/policy-campaigns/research/patient-care/Documents/dentistry_in_care_homes.pdf">www.bda.org/dentists/policy-campaigns/research/patient-care/Documents/dentistry_in_care_homes.pdf</a>                                       |
| Oral Healthcare for Older People: 2020 Vision, Check-up January 2012   | British Dental Association 2012<br><a href="http://www.bda.org/dentists/policy-campaigns/research/patient-care/Documents/older_adults_2012_checkup.pdf">www.bda.org/dentists/policy-campaigns/research/patient-care/Documents/older_adults_2012_checkup.pdf</a>                                   |

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| <p>Oral health and nutrition guidance for professionals</p>   | <p>NHS Scotland 2012<br/> <a href="http://www.healthscotland.com/documents/5885.aspx">www.healthscotland.com/documents/5885.aspx</a><br/>                     Contains a section covering 'Nutritionally vulnerable older people'</p>  |
| <p>Brushing Up on Mouth Care<br/>                     Facilitating uptake of a daily oral care programme in continuing care</p>                                 | <p>Dalhousie University, AHPRC &amp; Capital Health 2011<br/> <a href="http://www.ahprc.dal.ca">www.ahprc.dal.ca</a><br/>                     Enter title in search bar<br/>                     Includes Brushing Up on Mouth Care Manual, Facilitators Guide, Education Videos, wide range of leaflets and lists a number of other relevant papers</p>         |
| <p>Oral Health Improvement - Caring for Smiles<br/>                     Training guide for OH professionals to deliver care to staff in care establishments</p> | <p>Scottish Department of Health 2010 <a href="http://www.nes.scot.nhs.uk/">www.nes.scot.nhs.uk/</a><br/>                     The url for this publication has changed<br/>                     Search Publications and Resources OR google Caring for Smiles Scotland<br/>                     Consists of 7 units which can be downloaded from the website</p> |
| <p>Better Oral Health in Residential Care<br/>                     Resource for implementing the training component of the Oral &amp; Dental Health Plan</p>    | <p>Australian Department of Health and Ageing 2010<br/>                     No longer available on original url. Google the title to download.<br/>                     Consists of Portfolios for Facilitators, GPs, Registered Nurses, Staff &amp; Care Workers</p>  |
| <p>Oral Nutritional Supplementation and Oral Health</p>   | <p>All Wales Special Interest Group for Special Oral Health Care 2010<br/> <a href="http://www.sigwales.org/wp-content/uploads/sipfinalcorrectedapril201053.pdf">www.sigwales.org/wp-content/uploads/sipfinalcorrectedapril201053.pdf</a></p>  |
| <p>Guidelines for 'Clinical Holding' skills for dental services</p>   | <p>British Society for Disability and Oral Health 2010<br/> <a href="http://www.bsdh.org">www.bsdh.org</a> – click on Guidelines</p>   |
| <p>Essence of Care<br/>                     Patient focussed benchmarking for health care professionals</p>   | <p>Department of Health – Revised 2010<br/>                     Includes oral hygiene under the section on Personal care<br/> <a href="http://www.gov.uk/government/publications/essence-of-care-2010">www.gov.uk/government/publications/essence-of-care-2010</a></p>   |

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| Oral Health Inequalities  | British Dental Association 2010<br><a href="http://www.bda.org/dentists/policy-campaigns/public-health-science/public-health/Documents/oral_health_inequalities_policy.pdf">www.bda.org/dentists/policy-campaigns/public-health-science/public-health/Documents/oral_health_inequalities_policy.pdf</a>            |
| Domiciliary Dental Care Needs Assessment Report                                 | NHS Scotland 2010<br><a href="http://www.scottishdental.org">www.scottishdental.org</a><br>Use search bar to locate on website   |
| Guidelines for the Delivery of a Domiciliary Oral Health Care Service           | British Society for Disability and Oral Health 2009<br><a href="http://www.bsdh.org">www.bsdh.org</a> – click on Guidelines  |
| Evidence based options for an oral health policy for older people               | University College Cork & National Council on Ageing in Older People 2008<br><a href="http://www.ncaop.ie/publications/research/reports/Oral%20Health/454_2008.pdf">www.ncaop.ie/publications/research/reports/Oral%20Health/454_2008.pdf</a><br>There are 4 appendices to this report that can also be downloaded |
| Working with Dependent Older People to achieve Good Oral Health                 | NHS Quality Improvement Scotland 2005<br><a href="http://www.healthcareimprovementscotland.org">www.healthcareimprovementscotland.org</a><br>Use search to locate document on website  |
| Principles on Intervention for People unable to comply with Routine Dental Care | British Society for Disability and Oral Health 2004<br><a href="http://www.bsdh.org">www.bsdh.org</a> – click on Guidelines  |
| Nursing Management of Oral Hygiene  | Singapore Ministry of Health 2004<br>Google Nursing Management of Oral Hygiene 2004 Singapore<br>Click on Oral Hygiene Booklet to download   |



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| <p>Oral Health Care for Older People: 2020 Vision</p>   | <p>British Dental Association 2003<br/> <a href="http://www.bda.org/dentists/policy-campaigns/research/patient-care/Documents/oral_healthcare_for_older_people_report.pdf">www.bda.org/dentists/policy-campaigns/research/patient-care/Documents/oral healthcare for older people report.pdf</a></p> |
| <p>Fundamentals of Care: Guidance for Health and Social Care Staff<br/> An initiative in the Plan for Wales as part of Improving Health and Social Care</p> | <p>Welsh Assembly Government 2003<br/> Oral hygiene is included as a standalone aspect of personal care.<br/> <a href="http://www.wales.nhs.uk/documents/booklet-e.pdf">www.wales.nhs.uk/documents/booklet-e.pdf</a></p>   |
| <p>Fundamentals of Care<br/> Advises patients and carers of the standards outlined in Fundamentals of Care</p>  | <p>Welsh Assembly Government 2001<br/> Booklet for patients and carers including expectations for oral health &amp; hygiene<br/> <a href="http://www.wales.nhs.uk/documents/ACF1153.pdf">www.wales.nhs.uk/documents/ACF1153.pdf</a></p>  |
| <p>Guidelines for Oral Health Care for Long-stay Patients and Residents</p>   | <p>British Society for Disability and Oral Health 2000<br/> <a href="http://www.bsdh.org/documents/longstay.pdf">www.bsdh.org/documents/longstay.pdf</a></p>   |
| <p>Guidelines for the Development of Local Standards of oral health care Dependent, Dysphagic, Critically, and Terminally Ill Patient</p>                   | <p>British Society for Disability and Oral Health 2000<br/> CAUTION – Refers to use of foam sticks withdrawn in Wales due to MDA 2012/020<br/> <a href="http://www.bsdh.org/documents/depend.pdf">www.bsdh.org/documents/depend.pdf</a></p>  |
| <p>Oral Health Care for People with Mental Health Problems: Guidelines &amp; Recommendations</p>  | <p>British Society for Disability and Oral Health 2000<br/> <a href="http://www.bsdh.org/documents/mental.pdf">www.bsdh.org/documents/mental.pdf</a></p>   |

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| Guidelines for Oral Health Care of People with a Physical Disability | British Society for Disability and Oral Health 2000<br><a href="http://www.bsdh.org/documents/physical.pdf">www.bsdh.org/documents/physical.pdf</a>  |
| Dental care: NHS & private treatment                                 | Age UK Updated as legislation changes<br><a href="http://www.ageuk.org.uk">www.ageuk.org.uk</a><br>Use search bar to locate  |
| Caring for Older People's Teeth                                      | British Dental Association<br>Advice leaflet<br><a href="https://www.bda.org/dentists/policy-campaigns/research/patient-care/older-people">https://www.bda.org/dentists/policy-campaigns/research/patient-care/older-people</a><br>Scroll down and click on title        |
| 'THIS IS ME' - A support tool to enable person-centred care.         | <a href="http://www.alzheimers.org">www.alzheimers.org</a><br>Enter THIS IS ME in the search bar<br>The form can be completed by the person with dementia or their carer with help from the person with dementia if possible. Mouth care is covered under personal care. |

British Society of Gerodontology